

# Ag Eisteacht ABLE Training: Relational Based Training for Front-line Practitioners



Approved by the **IASW, NMBI, RCSI (CNM Faculty), SCI & the DES** for CPD purposes

Open Course Dates for Cork & Dublin

[ABLE | CORK: Oct 8<sup>TH</sup>, 24<sup>TH</sup> & 25<sup>TH</sup>](#)  
[ABLE | DUBLIN: Oct 9<sup>th</sup>, 24<sup>th</sup> & 25<sup>th</sup>](#)

## ***Relational Based Training***

Research shows that the quality of our relationships is a key determinant of health and wellbeing outcomes.

ABLE training is based on this premise and it is designed by Ag Eisteacht to equip front line practitioners with the knowledge, skills and confidence to actively support individuals and families at times of change, challenge and / or upheaval, with a particular emphasis on supporting key familial relationships.

Our **ABLE training** is designed for practitioners whose routine work presents them with the opportunity and challenge of supporting clients who may turn to them for support. The skills of the **ABLE brief intervention** model help them to respond and establish boundaries, listen and empower clients in finding a way forward.

The three-day course is co-facilitated by two licenced trainers and offers a small group learning experience. The trainers use an interactive approach and cater for a wide range of learning styles.

**The ABLE programme received the following feedback from frontline personnel who work with families:**

*"Presenters were superb - wonderful therapeutic interactive style.  
Excellent models of reflective practice, models of empowerment and how families can  
themselves be agents of change."*

Marianne – Psychologist

*"Having done a number of training courses recently on similar themes, I have found this  
course to be the most beneficial and one I have got most from. Great opportunity to  
participate in a safe environment. Excellent facilitators."*

Mary – Social Worker

*"This course would be beneficial for anyone engaging with families in their work"*

Ann - Youth & Family Support

**Open Course Dates - Click the links below to book online.**

*Booking typically closes 2 weeks prior to day 1 of training.*

**Subsidised fee for 2018 - €250 Early Bird pp & €300 General Fee pp**

*If you have any further queries please contact the office on **021-5005915** or email  
[stacey@ageisteacht.com](mailto:stacey@ageisteacht.com).*

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