

# Infant Mental Health Information Session

Tuesday 11<sup>th</sup> September from 10.30am – 12 noon at Ballyfermot  
Library,

Ballyfermot Road, Dublin 10

Blue Skies Clondalkin and Family Matters ABC Ballyfermot are working to develop an

**Infant Health and Wellbeing Strategy** to develop knowledge, skills, practice and services for the pre-birth to 3 years period development.

We will be offering training and mentoring to a range of staff and practitioners, to utilise science and evidence based practice to inform and influence our work in supporting children and families.

**We will be setting up a multi-disciplinary Area Infant Health Network in the new academic year.** The Network members will be offered the training below -

- a Master Class in Infant Mental Health informed by the Michigan model of IMH.
- Solihull approach - The Solihull Approach aims to increase emotional health and well-being through both practitioners and parents. It does this through resources and training across the child and family workforce.

The IMH Network will meet every 4 – 6 weeks and will be facilitated by a Coordinator who will be supervised by the Michigan IMH team.

*If you are interested in finding out more, please come along to the Information Morning.*

*To reserve a place on the training please confirm by email to; -*

Karen Costello – [kcostello@archways.ie](mailto:kcostello@archways.ie)

Bernie Laverty – [blaverty@bcpartnership.ie](mailto:blaverty@bcpartnership.ie)



Family Matters ABC Programme

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## The Area Based Childhood Programme 2013–2017

