Western Area Outcomes Group

Welcomes You

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Purpose of CYPSP

To develop and maintain integrated planning and commissioning across agencies and sectors, aimed at improving wellbeing and the realization of rights of children in NI, in relation to the 8 outcomes for children



The Northern Ireland context

Infant Mental Health in Northern Ireland: Key Statistics





24,394

No. of Births in NI (NISRA 2014)



Population 433,161

24,255 Agu 0-1 (8%) 101,526 Agu 1-4 (24%)



No. of Births to Teenage mothers (under 20 years)

84

Births to mothers aged under 17 reached a new record low in 2015 with 84 births recorded, a rate of 2.4 per 1,000 females aged under 17.

(HSCB, 2015)



Premature or Low Birth Weight

(NICORE Database 2012, QUB)

6.3% of babies were born with low birth weight (i.e. less than 2500 g)

7.3% In 2012, 1877 babies (7.3% of five births) spent time in a noonutal unit.



Postnatal depression

CV, 25.972 Arthur in 2011 in Northern Indicat, 2021 section Sensity of extended degrees in special 2799 section charitrand posterior (special companies, 50 mathematical programs programs and 50 secultraffied as a result of relaying CV (2015), 2013)

E should be nated that Postavillal depression often gains composited and Reinfors the Regard could be much higher than this (Royal College of Programmin, 2011)



Child Protection Register (HSCB, 2015)

1969

children on the child protection register. This figure has fallen from 2,401 in 2011. 226 of these are under 1 year of age. 519 of these are between 1 & 4 years of age



Children Looked After in Care

2,875

children in care, 76.2% - Foster Care, 11.8% - Placed with Family, 5.7% in Russicotial Care, 112 of these are under 1 year old. 581 of these are between 1 and 4 years old



Smoking during pregnancy (NNIS, 2013)

NI total: 15.7%

Most deprived areas: deprived areas: 9.0% *

Breastfeeding rate at discharge NIMATS (2014)

NI total: 45.7%

Most deprived areas: 33.1%

Least deprived areas: 59.4%

Mothers under 20: 19.9%



Child poverty (DSD, 2015)

101,000

(23%) children living in poverty in Northern Ireland, however, child poverty rate varies widely across the region



Breastfeeding exclusively at 6 mths (Infant Fooding Survey, 2010)*

1%

the same of the sa



Western Area Outcomes Group

Children and Young People's Plan 2017 - 2020

What We Will Do?

Our Vision

The Western Area Outcomes Group will promote better outcomes for children by supporting parents and carers in their role as they nurture their children's physical, social, emotional and intellectual development.



- Every Child has the best start in life
- Promote the safety of Our Children and Young People
- Work together to include the voice of Children and Young People

Eight Outcomes

What we want for all our Children and Young People:

- Physical and Mental Health
- **Enjoyment of Play and**
- Learning and Achievement
- Living in Safety and with Stability
- Economic and

- **Environmental Weibeing** Making a Positive
- Contribution to Society
- Living in a Society which Respects their Rights
- **Equality and Good** Relations

Behaviours

Together we will provide access to a timely. appropriate and integrated range of supports for children, young people or families demonstrating challenging or high risk behavlour



Parenting

Together we will provide all parents with the essential skills to ensure that every child has the best start in life.



Domestic & Sexual Violence

Together we will assist children and young people to live in safe and supportive families and communities



Transitions

Together we will provide early and effective support at the critical transition periods of a child's



How We Will Do 117



Together we will engage with children, young people for effective co-production



- Ensure all our children and young people are safe and thriving Support families to aspire, achieve and fulfil their potential
- Emphasis and resources are rebalanced towards prevention and earlier intervention whilst still ensuring crisis responses are appropriate
- All children and young people's rights are promoted, respected and protected within the diversity of their experience, abilities, identities and cultures
- Support parents and carers to feel more supported, confident, informed and able
- Quality services are outcomes driven, resourced, sustained and trusted



Addiction

Together we will promote resilience. and prevention through early intervention



Positive Mental Health & Emotional Wellbeing

Together We will Promote & improve the social, emotional, physical & mental health and wellbeing of children, young people, families and the people that support them





How Will We Underpin Everything?

Listen & influence



Outcome Based Accountability - Is Anyone Better Off?

Three Obsessions

- 1. Every Child has the best start in life
- Promote the safety of Our Children and Young People
- 3. Work together to include the voice of Children and Young People





Road Map

Raise Awareness

Start a conversation.....

Develop momentum



Western Area will become an ACE and Trauma Informed Area



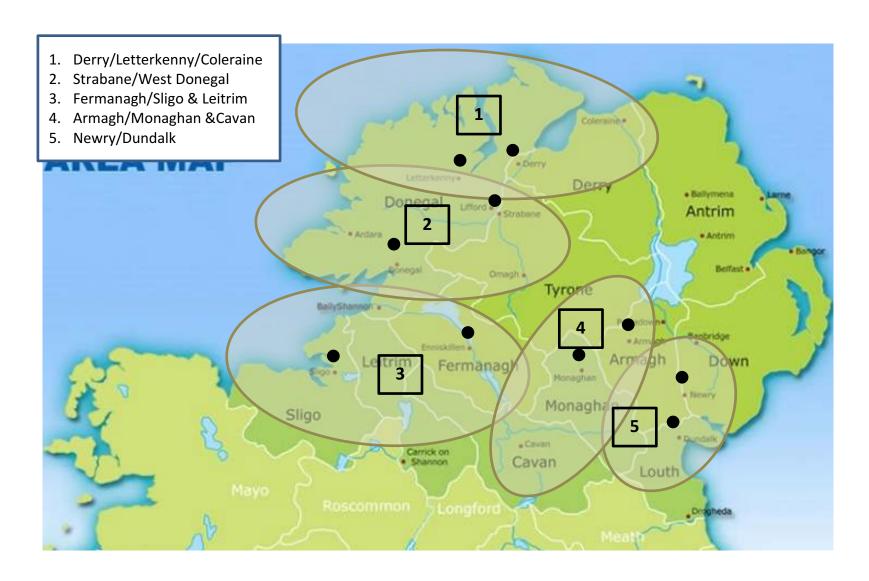
Number of Adverse Childhood Experiences (ACE Score)	CDC-Kaiser Permanente Study Total Per cent (N = 17,337)	ACE and the impact their impact on health harming behaviors in the Welsh Population Total Per cent (N = 2,028)	ACE Conference, Silverbirch Hotel, Ornagh Total Per cent (N = 200)	Troubles related incidents Total Per cent (N = 200)
0	36.1%	53%	26%	47%
1	26.0%	20%	20%	12.5%
2	15.9%	420/	20%	12.5%
3	9.5%	13%	12%	4%
4 or more	12.5%	14%	22%	24%



#ACESNI2018



Indicative cross border community network areas



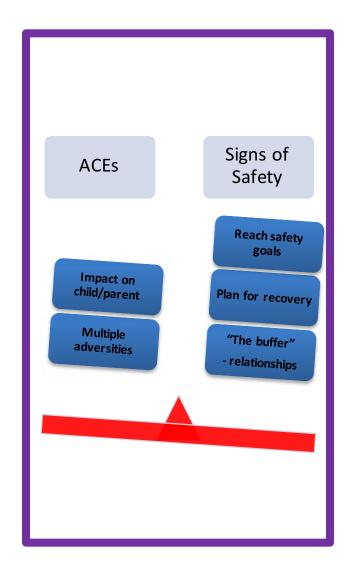
Signs of safety is based on effecting change through developing positive relationships.

 "The more healthy relationships a child has, the more likely he will be to recover from trauma and thrive. Relationships are the agents of change and the most powerful therapy is human love"

Bruce D. Perry

So How Do We Do This?

- 1. Practice Principles crucially important culture how we do things around here! Skills, questioning approach to practice.
- 2. Mapping and the genogram discovering the intergenerational stories including parents ACEs information sharing, danger statements, safety goals, inclusion of children and families child's voice is heard.
- 3. Trajectory who needs to do what where when and how to help the child and family to recover. Includes social work, family network and therapeutic services working together.
- 4. Words and pictures- given the adversities that have happened both to the parents and the child it is important that the child knows and understands their story.
- 5. Safety plan- How do we reduce the impact of 23/08/multiple adversities and keep the child safe?018



HISTORIC CLAIMS

You are going to make a lot of bad choices in your life - choosing the wrong parents, the wrong socio-economic group, and the wrong social welfare home, where you are going to get yourself abused. After that you are just going to carry on making bad choices till you end up in prison.

Or a psych ward.



MURDOCH 14/02/15

By being ACE aware and Trauma Informed we will move from asking...

"What's wrong with you?"

Blame Shame Punishment



...to ...

"What happened to you?"

Understanding Nurturing Healing









Thank you for listening and for participating in this conversation.