



# Attachment Play Programmes

## Parent Child Attachment Play

This is a gentle play-based approach aimed at improving the attachment quality of the parent-child relationship using attachment mechanisms and child-oriented play with parents/carers and their children aged 3-15+ years

**PCAP practitioners work with the parent(s) or carer(s) and not directly with the child(ren).**

## Next training in Ireland

6th and 7th April 2019  
Maldron Hotel, Oranmore  
Cost: €290 includes light lunch and PCAP book  
12 CPD points awarded

## Contact details

Course facilitators are Ruth McDonagh and Linsey McNelis  
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## Heart to Heart

This NEW and highly innovative programme training is for practitioners who wish to support relationships between parents, carers and their children and teens aged from 5 to 16+. Practitioners will learn fun, gentle and child-oriented ways to improve attachment security using the very latest research findings.

**Heart-to-Heart is an enjoyable session which parents, carers and children/teens attend TOGETHER based on collaborative games, creative activities and psycho-educational content.**

## NEXT TRAINING IN IRELAND

11th and 12th May 2019  
Maldron Hotel, Oranmore  
Cost: €290 includes light lunch and Reflective Functioning book  
12 CPD points awarded

- **Both trainings are suitable for anyone working with children and families**