

# Irish Attachment in Action

## National Conference Workshops 2019

### Workshop Preference Process

Please email [info@iaia.ie](mailto:info@iaia.ie) stating your name and your choice of 2 workshops *One for the Morning* session and *One for the Afternoon* session. Some Workshops are capped for the number of participants. We will do our best to ensure everyone gets placed on their workshop of choice, however this may be subject to availability.

If **You have not booked a place**; workshops will be allocated on arrival on the basis of availability and in the interest of having places allocated to ensure all workshops have fair attendance and an equally shared experience.

### Morning Session

**Workshop 1:** *From Adversity and Offending to Resilience and Hope.*

**Workshop 2:** *How do you Know what you Know about yourself and Others? Trauma, Attachment and Mentalization.*

**Workshop 3:** *Change and Transition: What helps Practitioners adopt a narrative of Hope and Opportunity rather than Crisis.*

### Afternoon Session

**Workshop 4:** *Attachment Play: Enhancing Attachment Security, Connection and Emotional Release.*

**Workshop 5:** *Becoming a Trauma-informed School.*

**Workshop 6:** *From Trauma to Hope-Dyadic Developmental Psychotherapy DDP- Restoring Hope to Hearts That Hurt.*